

As dementia progresses, most individuals reach a point where constant supervision is necessary to keep them safe. Unfortunately, few caregivers have the resources to pay for 24-hour direct care, and ALL caregivers need time away for themselves regularly. Video monitoring systems can help provide peace of mind by allowing caregivers to check in on their loved ones from anywhere in the world with easy-to-use smartphone apps.

Most products currently on the market are wireless, battery-operated, connect to home Wi-Fi, and allow for two-way communication. Indoor and outdoor systems are available, and some offer motion detection and night-vision capabilities.

Video monitoring systems can be purchased at major retailers like Costco, Best Buy and Amazon, and most don't require a contract or professional installation. The systems below are frequently recommended by caregivers involved with Respite Care Charleston's support groups and day programs.

AMAZON BLINK

- One-camera kit
- Battery powered
- Extra fees for Cloud image storage
- Two-way communication system
- Works with Amazon Alexa

RING

- Pan and tilt indoor camera, wired
- Ring security system not included

GOOGLE NEST

- Wired (indoor)
- Battery (outdoor/indoor)

WYNE

- Indoor, wired
- Two-way communication system

EUFY

- Indoor motion-tracking camera
- Compatible with Amazon Alexa and Google Assistant
- Two-way communication

Please note that this list is not exhaustive and does not constitute a recommendation, guarantee, warranty or approval by Respite Care Charleston.