



Short Term Respite Options

The following list of service providers includes those recommended by caregivers involved with Respite Care Charleston's support groups and day programs. This list is not exhaustive and does not constitute any recommendation, guarantee, warranty or approval by Respite Care Charleston.

Community Based Day Programs

- Respite Care Charleston
 - Multiple locations; dementia-specific; half-day social model
 - (843) 647-7405 or Info@RespiteCareCharleston.org
- Alice's Clubhouse
 - Mt. Pleasant; dementia-specific; all-day medical model
 - Diane Sancho – (843) 277-4000 or Diane@AlicesClubhouse.com
- Active Day
 - All-day, medical model, adult daycare
 - West Ashley – (843) 762-5291 or Charleston@ActiveDay.com
 - Goose Creek – (843) 553-1805 or Lowcountry@ActiveDay.com
- The ARK
 - Dementia-specific; partial day, social model; very similar to RCC
 - Summerville - Debbie Housand – (843) 471-1360 or Program@TheARKofSC.org
 - Harleyville – Bambi Rushton – (843) 670-2215 or LovingHearts@TheARKofSC.org
- Berkeley Seniors
 - Moncks Corner; dementia specific; partial day, social model
 - (843) 761-0390 or Admin@BerkeleySeniors.org
- Aging Gracefully Senior Care Center
 - Ladson; all-day, medical model
 - Angela McKenzie - (843) 873-5121 or AngelaMcKenzie2018@gmail.com

Overnight Residential Respite Care

Many residential memory care facilities offer short-term respite stays. Duration varies, with minimum requirements ranging from a few days (locked assisted living) to two weeks or more (memory care). Due to state regulations, a tuberculosis (TB) test is required prior to admission for respite, usually requiring 48-72 hours of advance planning.

Companion Care / In-Home Care Agencies

These businesses employ caregivers who are matched with individual families based on schedule, needs and other factors. The agencies are responsible for training, screening and scheduling caregivers, as well as handling liability insurance, employment taxes, etc. Depending on family needs, services may include bathing, dressing, shopping, meal preparation, medication management, transportation, household cleaning, outings and other activities, and general supervision.

Care.com

This website includes a searchable directory of individuals who may provide senior care services. The company runs CareCheck background screenings on caregivers, though families are encouraged to conduct their own background checks and due diligence. Caregiver qualifications and specialties are self-reported, and rates and schedules are negotiated individually.

Respite Care Funding

Please consult your insurance provider regarding possible coverage of respite services. In most cases, dementia care is NOT covered and is self-pay only.

The Trident Area Agency on Aging may provide respite grants to family caregivers of individuals diagnosed with Alzheimer's disease or other forms of dementia. Grants are not need based, yet funding is limited. For more information or to apply, contact TAAA at 843-554-2275.